

# NLP Practitioner Training

## with Heart, Wisdom & Integrity

*"A voyage of self discovery. Stretching and enlightening programme."* Tom Lane, Training Consultant

*"This is the best single piece of training I have ever undertaken, it has changed my life."*

Jennifer Joy Matthews, University Lecturer

Would you like to:

**Communicate excellently?**

**Overcome problems readily?**

**Be able to consistently improve the quality of your life?**

**Enhance your relationships?**

**Be free to choose your emotions, thoughts and behaviours?**

**Be empowered and successful - at work, at play, with friends, colleagues, clients, family?**

**Create your own desired future?**



Frank Daniels

**If the answer is "Yes!" to any of these then the comprehensive fda NLP Practitioner Training could be for you.**

The fda NLP Practitioner Training - a thorough, enjoyable, in-depth training in the skills, attitudes and methods of NLP – is for you if you want quality training, enjoy learning and developing yourself, and want the choice of qualifying for certification as an recognised 'NLP Practitioner'.

The framework of this training provides rich opportunities for you to learn about yourself and others and for applying what you learn to increase the quality of your daily life.

*"Fantastic experience with life changing results. Learning is made fun and easy in an environment of like-minded people whose drive is to develop themselves and others."* Paul Carney, Production Manager.

'NLP Practitioner' means that you will have reached a set level of competency by the end of the course. Many of our participants are using the skills learnt in contexts such as:

**Coaching, Management & Leadership, Sales, Teaching, Social Work, Training, Therapy, Consulting, and for ongoing Personal Development.**

Our aim is for you to have integrated the attitudes and skills into your life so well that you can apply them wherever and whenever you want.

### Key Areas – Learn How To:

- Know what is important to you, your values and beliefs, and align your behaviours and goals with your vision and purpose
- Get on better with other people and understand their emotions, their patterns of thinking and their values
- Access your inner resources and potential to be your best – and help others do the same
- Turn problems into solutions and achieve goals that are satisfying
- Become more congruent, develop commitment and a sense of personal power
- Use some of the most powerful change techniques around and know when and where to use them. Deal with phobias, traumas, ongoing negative emotions, and unwanted habits and behaviours. Resolve conflicts. Enhance motivation
- Elicit resourceful states in others verbally and non-verbally
- Tap into your inner wisdom so that you use NLP, with others and yourself, with integrity and respect

*Continued overleaf*

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*"The best training I have ever experienced. I thoroughly and whole-heartedly recommend this course to others".* Paul Stoppard, Recruitment Consultant

## More Key areas – Learn How To:

- Create a future for yourself that empowers you
- Expand and develop flexibility in how you think and relate and thus enrich your 'world'
- Gather high quality information from people to clear up misunderstandings, clarify outcomes and initiate change
- Use language to empower people
- Use metaphors for influencing others elegantly and subtly
- Access the potential of the unconscious mind using 'trance' states
- Change your perception of time to deal with time related issues
- Be flexible under pressure
- Have multiple perspectives on a situation - an important aspect of using NLP respectfully and appropriately
- Incorporate 'Principles of Excellence'
- Elicit and change limiting beliefs
- Create effective and efficient meetings
- Model, and apply to yourself or others, other people's strategies of excellence, such as creativity, motivation or decision making
- Use a range of powerful coaching skills
- Understand the underlying structure of NLP techniques so as to be able to move elegantly between them and thus make the most effective intervention in any situation

(Module breakdown available on request)

*"In awe of the effects of the course on myself. It's incredible that such profound changes can, and do, occur during the course, yet the advertising cannot do it justice."* Jo Johal, Manager

## Logistics

**Duration:** 21 days (including the NLP Core Skills Seminar or NLP Diploma Course) plus optional extras. It takes place over weekends at an average of one weekend every three weeks. We usually use a comfortable training room in Crich, Derbyshire, near Derby and Nottingham..

### Optional Extras:

(at special reduced rates for those on the Practitioner Course.)

One weekend of the NLP Practitioner Course is synonymous with the seminar 'The Language of Influence Part 1'. Whilst Part 2 is not an intrinsic part of the Practitioner Course, attendance is recommended as the extra skills learnt will enhance and complement your Practitioner skills.

The Practitioner Training provides many skills useful for coaching and includes the first two weekends of our INLPTA NLP Coaching Diploma Course. Attending the extra third module of the NLP Coaching Diploma Course will however, significantly enhance your coaching skills (and provide an extra, coaching, qualification).

**Dates:** Please see our 'Course Dates & Fees' sheet for the dates of the next course. The course starts with any NLP Core Skills module.

**Investment:** We offer two rates, employer sponsored and discounted self-financing. Further discounts are available for those who have attended our NLP Core Skills Seminar or NLP Diploma Course previously and for couples attending together. Current rates are detailed on our 'Course Dates & Fees' sheet.

**Trainers:** The main trainer and coordinator throughout is Frank Daniels. Another certified trainer usually co-evaluates the final two days.

(Trainers details are on a separate sheet.)

*"[Frank] Your ethical approach was the key to the success of the course for me."*

Max Norris, Management Trainer

## Accreditation

Upon being certified by Frank ANLP. We also provide a second certification through INLPTA (International NLP Trainers Association). Your certification can be used as a prerequisite for further training to Master Practitioner level with us, or elsewhere nationally and internationally.



For more information about the uses of what you will learn, certification, group size and money-back guarantee, please read our "Your Questions Answered" sheet or ask.

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